

CERTIFICATE

OF PARTICIPATION

This is to certify that

JOHAN STRYDOM

Has successfully participated & completed the

Solo Steer Cowhouse Cross Duathlon 2018 #1

held at Cowhouse Market.

TIME 01:20:53

PACE 05:22/km

OVERALL 10 of 37

GENDER 10 of 25

60 - 69 1 of 2

04 March 2018, Sun

Date



